

Breakfast

Entrées


LEMON, POPPY SEED AND BLUEBERRY PANCAKES 16

Quebec maple syrup and a choice of smoked bacon, ham or turkey sausage

BLISTERED TOMATO, RICOTTA, BASIL AND EGG WHITE FRITTATA 15

Served with whole wheat bread 

EGGS BENEDICT 17

Two poached eggs served on potato roesti with wilted spinach, sliced tomato and classic hollandaise sauce 

Add Canadian back bacon 4

Add smoked salmon 6

PB & J STUFFED CHALLAH FRENCH TOAST 17

Quebec maple syrup and a mini fruit cup


GREEN B.E.L.T. 17

Bacon, egg, lettuce and tomato with green goddess dressing served on a Gryfe's bagel with a mini fruit cup 

TWO EGGS YOUR WAY 20

Two eggs cooked to your preference with potato hash, choice of smoked bacon, ham or turkey sausage and sourdough boule or whole wheat bread

BREAKFAST TOSTADA 21

Crispy corn tortilla, sunny-side up eggs, refried black beans, pico de gallo, sliced avocado, sour cream and fresh cilantro  

POACHED EGGS ON SOURDOUGH BREAD 19


Mashed avocado and tomato salad 

Breads + Pastries

Served with cream cheese, butter and local fruit preserves

Bagel, sourdough boule or whole wheat bread and daily muffin, croissant or danish 7

Side Orders

Smoked bacon, ham or turkey sausage 4 

Skillet potato hash 4 

Arugula, tomato and avocado dressed with lemon and honey vinaigrette

5  

Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.

Carrot, orange, ginger, tumeric and mango juice 8

Celery, cucumber, lime, coconut water juice 8

Beetroot, acai, pomegranate, spinach and coconut water juice 8

Almond milk, spinach, pineapple, carrot, flax seed smoothie 8

Fruits, Juices + Yogurts

Orange, grapefruit or apple juice 6

2%, skim or almond milk 6

Tomato juice, V8 6

Seasonal fruit selection with low-fat cottage cheese and a carrot raisin muffin 15

Regular or low-fat Greek yogurt with fresh fruit and berries 8

Fresh fruit cup 6

Cereals

All bran, corn flakes, rice krispies, froot loops, frosted flakes, cheerios and granola 6

Steel cut oatmeal with cinnamon, bruléed banana, walnuts and honey 13



Breakfast Table

Seasonal fruit and berries, yogurt, steel-cut oatmeal, whole grain cereals, all-natural granola, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, daily featured hot items, omelets made to order, freshly baked pastry basket, bagels with cream cheese, selection of breakfast juices, freshly-brewed Starbucks coffee and assorted Tazo teas 27



We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

Service charges and government taxes are additional. 15% gratuity added to bills for parties of 8 people or more.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

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Indicates a SuperFoodsRx™ dish.
SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavours.



Chef Corbin favourites